

# The Sloane Court Clinic

**An independent private Clinic in Chelsea, London, England providing psychiatric and psychological care.**

Appointments: 020 7730 5945

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**The Sloane Court Clinic  
11 Sloane Court West  
London SW3 4TD**

## Overview

Welcome to the web pages of the The Sloane Court Clinic. The Sloane Court Clinic provides treatment for an extensive range of psychological and psychiatric problems. This is primarily in an outpatient setting, though inpatient treatment can also be provided, as can domiciliary and visits to other venues, including international visits.

We provide support to the healthcare departments of organizations such as national and transnational companies, small businesses, universities, and law firms (in occupational and civil law matters). Our patients come from across London, the UK, Europe and the World.

As would be expected of a medical service, our service is confidential, and we are able to provide special arrangements for people who require more flexible and discreet access to psychiatric care.

The Sloane Court Clinic was founded by and is lead by Dr Roger Howells, consultant psychiatrist, formerly a consultant and trainer at the Maudsley Hospital. Dr Howells was trained in psychiatry at the Maudsley Hospital and is a former Lecturer at the Institute of Psychiatry, the leading psychiatric (or mental health) training centre in the UK. He previously graduated from the School of Clinical Medicine, Cambridge University where as a student he was awarded the university's prize in Psychiatry. He is a Fellow of the Royal College of Psychiatrists.

Medical, psychiatric and psychological care is available. Occupational therapy and other professional disciplines are also available. Equal weight is given to the physical and emotional aspects of care. Where relevant, physical tests and opinions are sought to exclude co-existent physical illness, and pharmacological treatments and/or psychological therapies are employed. Some treatments may be administered by skilled accredited clinical psychologists.

The clinic accepts patients from eighteen years of age, or over.

Treatment is conducted in English, though clinical psychological treatment can be undertaken in Greek, and we have available a growing and extensive network of colleagues offering treatment in other languages.

The clinic is situated in a pleasant residential part of Chelsea and comprises a suite of comfortable contemporary architect-designed rooms.

The range of psychological (or 'psychotherapeutic') treatments ('therapies') undertaken are as follows:

- Cognitive Behavioural Therapy (CBT or Cognitive Therapy)
- Schema-focused therapy (SFT)
- Mindfulness-based cognitive therapy (MBCT)
- Dialectical-behaviour therapy (DBT)
- Problem-solving therapy
- Person-centred therapy (humanistic therapy)
- Cognitive-analytic therapy (CAT)
- Eye Movement Desensitization and Reprocessing (EMDR)

## **General Practitioners and Family Physicians**

General Practitioners are encouraged to visit the clinic and develop close working practices with it. We welcome feedback from general practitioners on the type of service that is most useful to their patients and Dr Howells and colleagues are pleased to give telephone advice on possible referrals, or on clinical management issues.

To refer a case, or to discuss the referral of a case, please use the contact information above or use the Contacts page:

## **Occupational Health**

The clinic also has close working relationships with occupational health doctors and continues to develop this aspect of its work.

To refer a case, or to discuss the referral of a case, please use the contact information below or go to the Contacts page on the website:

[Contact The Sloane Court Clinic](#)

## **Student Health**

Students are frequently seen at the clinic and the clinic has developed and continues to develop close working relationships with student health departments of universities. Dr Howells and colleagues are able to visit

student health units to give advice and can lecture to staff groups on relevant topics.

To refer a case, or to discuss the referral of a case, please use the contact information below or go to the website Contacts page:

[Contact The Sloane Court Clinic](#)

### **Liaison Psychiatry Services**

Liaison with physicians: rheumatologists, cardiologists, endocrinologists, neurologists, dermatologists, and others, as well as with surgeons, is well established. We routinely do joint casework with medical and surgical colleagues across London and in some cases internationally.

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### **Further Information**

By letter to:

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By telephone to :

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[View a map of our location](#)