



The Sloane Court Clinic

A private clinic in Chelsea, London providing psychiatric and psychological care.

The Sloane Court Clinic
11 Sloane Court West
London SW3 4TD

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Curriculum Vitae

Dr A. Luthra BSc (Hons), MB ChB, MA, MRCP, MRCPsych

Present Appointments

Consultant Psychiatrist February 2011
The Sloane Court Clinic
11 Sloane Court West
London SW3 4TD

Honorary Research Fellow October 2010
Health Service and Population Research Department
Institute of Psychiatry
De Crespigny Park
London SE5 8AF

Locum Consultant Psychiatrist June 2011
Low Secure Unit, Thornford Park Hospital, Crookham Hill
Thatcham, Berkshire, RG19 8ET

Key Past Appointments

Locum Consultant Forensic Psychiatrist (2009)
Trevor Gibbens Unit,
Hermitage Road,
Maidstone, ME16 9PH

Locum Consultant General Psychiatrist (2004-6)
Beacon House,
Dunstable, LU6 1LR

Past Positions

Training in Psychiatry
SHO, Maudsley Hospital. (1997-2000)
Forensic Specialist Registrar, Maudsley Hospital. (2006-2009)

Professional Qualifications

BSc (Hons) Psychology, University of Edinburgh, 1990
MB ChB University of Edinburgh, 1993
MRCP (Membership of the Royal College of Physicians) 1996
MRCPsych. (Membership of the Royal College of Psychiatrists) 1999
MA (Royal College of Art) 2002

Professional Affiliations and Professional Development

- GMC specialist registration number 4048718
- Medical Defence Union number 340463A (medical indemnity insurance)
- Registered at the Royal College of Psychiatrists for Continuous Professional Development
- Appraised annually

Field of NHS Practice

- Forensic Psychiatry including the day to day management of schizophrenia, mania, major depression and other major and minor general adult psychiatric conditions.
- In 2009 I had 9 in-patients as a Consultant forensic psychiatrist based in a busy medium secure unit in Kent. My role was prison assessments, liaison with private hospitals, community assessments and in-patient work.
- In Dunstable (2004-2006) I was Consultant general psychiatrist in a very busy district general hospital covering a broad range of cases including schizophrenia, mania, major depression and other general psychiatric conditions. The in-patient unit had 16 acute beds, and I managed a community case load of >200 patients with severe mental illness.

Fields of Psychiatric Expertise

- Forensic and adult general psychiatry, including schizophrenia, bipolar affective disorder, mania, depression, personality disorder, violent and challenging behaviour, jealousy, stalking and fixation, persistent complaining, offending, alcohol and drug misuse, as well as anxiety and every day psychological problems.
- The psychiatry of families, including marital, parenting and relationship matters.
- Medico-legal and Occupational Health Assessments.

Principal Research Interests

Transcultural Psychiatry and Psychiatry and the Arts, particularly film.

Teaching and Education

I am actively involved in teaching Film and Psychiatry to medical students and I am often invited to speak at conferences and meetings about this.

Publications

1. Serious Mental Illness: Cross Cultural issues (2000). Book chapter in *Working with serious Mental Illness*. Edited by Gamble and Brennan. Balliere Tindall 2000.
2. Unloading the trunk: neurasthenia, CFS and race. Luthra A, Wessely S. *Soc Sci Med*. 2004 Jun;58(11):2363-9.

Medico-legal Experience

- I have acted as an Expert Witness for defence, prosecution, and the courts for 4 years. These have been primarily, but not exclusively, criminal cases. I provide expertise in employment matters relating to Disability. I report on parents in family custody cases particularly where psychiatric illness has been questioned. I have provided reports in cases involving compensation for personal injury due to accidents – on average 8-10 per year for the last 6 years. I have provided reports for cases involving refugees and asylum requests.
- I have given evidence in court (not including the magistrates court or mental health tribunals) twice.
- I am a member of the Society of Expert Witnesses.

Private Practice

I have a small private practice and see patients in Chelsea at The Sloane Court Clinic, 11 Sloane Court West, London SW3 4TD or other rooms nearby.
